

Breakfast Menu

North Merrick Elementary Schools

November 2023

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



1 Red. Sugar Froot Loops Cereal
Red. Sugar Cocoa Puffs Cereal
With Light Mozzarella Cheese Stick
Hard-Boiled Egg Cup
Fresh Banana

2 Apple Strudel
Diced Pear Cup

FUEL

3 Warm Cinnamon Bites
Applesauce



7 Chocolate Chip Muffin
Fresh Orange



8 Red. Sugar Froot Loops Cereal
Or Red. Sugar Cocoa Puffs Cereal
With Light Mozzarella Cheese Stick
Hard-Boiled Egg Cup
Fresh Banana

9 Mini Cinnamon Rolls
Applesauce



10 Chocolate Chip Muffin
Fresh Grapes



13 Warm Cinnamon Bites
Applesauce



14 WG Bagel
With Cream Cheese Or Margarine
Fresh Orange

15 Red. Sugar Cinnamon Toast Crunch Cereal
Or Red. Sugar Apple Jacks Cereal
With Light Mozzarella Cheese Stick
Hard-Boiled Egg Cup

16 Chocolate Chip Muffin
Fresh Pear



17 Maple Mini Waffles
Fresh Red Delicious Apple

20 Apple Strudel
Fresh Orange
Fat Free Chocolate Milk



21 Chocolate Chip Muffin
Fresh Pear

22 Red. Sugar Froot Loops Cereal
Or Red. Sugar Cocoa Puffs Cereal
With Light Mozzarella Cheese Stick
Hard-Boiled Egg Cup
Fresh Banana

23 Warm Cinnamon Bites
Applesauce

24 WG Bagel
Cream Cheese
Fresh Red Delicious Apple



27 Maple Mini Waffles
Fresh Red Delicious Apple

28 WG Bagel
With Cream Cheese Or Margarine
Fresh Orange

29 Red. Sugar Froot Loops Cereal
Or Red. Sugar Cocoa Puffs Cereal
With Light Mozzarella Cheese Stick
Hard-Boiled Egg Cup
Fresh Banana

30 Chocolate Chip Muffin
Fresh Orange

Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Adult Breakfast \$2.81+
Tax

Breakfast served with choice of grains, meat/meat alternative, assorted fruit choices and milk choice of 1% or Fat Free

Daily Offerings

Assorted WG Cereals with cheese stick
WG Bagel with Cream Cheese or Butter

Assorted WG Muffins

Fresh Fruit or Chilled Cupped Fruit

Assorted 100 % Fruit Juice

FF Chocolate or White and 1 % White Milk

